

“THE RAVEN’S CRY”



VOLUME XXVII, ISSUE III, A.S. LIX

Official Newsletter of the Barony of Raven’s Cove

Table of Contents

Contents / Disclaimer	2
Regnum	3
From the Baronage	4
From the Seneschal	5
From the Mistress of Arts & Sciences	6-8
From the Golden Raven Herald	9
From the Knight's Marshal	10
Minutes from the January Meeting	11-13
Special Announcements	14
Calendar of Events	15



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Barony of Raven's Cove Regnum

Baron

Baron Ragnulfr Ornofson

(Paul Padgett)

[Email the Baron](#)

Seneschal

Lord Ivan Mezey

(Ian Bell)

[Email the Seneschal](#)

Mistress of Arts & Sciences

Mistress Finnech inghean Labhrainn

(Amy Ipock)

[Email the MoAS](#)

Knight's Marshal

Lady Freydis Rodmarsdottir

(Felicia Padgett)

[Email the Knight's Marshal](#)

Chronicler

vacant

[Email the Chronicler](#)

Social Media Officer

Lady Rota

[Email the Social Media Officer](#)

Baroness

Baroness Freydis Rodmarsdottir

(Felicia Padgett)

[Email the Baroness](#)

Exchequer

Master Lochlainn hua Rigbarddain

(James Rardin)

[Email the Exchequer](#)

Golden Raven Herald

Lord Tiberius of York

(John Ipock)

[Email the Golden Raven Herald](#)

Chatelain

m'lady Schiphrah

[Email the Chatelaine](#)

Webminister

Master Lochlainn hua Rigbarddain

[Email the Webminister](#)



From the Baron and Baroness

To our wonderful populace do we, Ragnulfr and Freydis send greetings. February started off fantastically and ended on a great note as well. We entered February still in awe at the wonderful Baronial Birthday we had, the generosity of spirit and of the hands of our Ravens and friends that had traveled to join us. Though the weather was not especially helpful, we still had some fighting and thrown weapons, but we had a great turn out for the arts competition. That came full circle this last weekend at the Kingdom Arts and Science Festival, when our champion, Master Lochlain, won the competition for Royal Baker. We are very proud of him and congratulate him for this accomplishment. Backing up one more weekend to Ymir, we had a phenomenal time watching our Ravens take the field and others be recognized. Our lovely and talented Mistress Finnech was recognized for her service to the Kingdom by naming her a Court Baroness. We are thrilled for her and very proud. So many more people helped retain that day, assisted with the dayboard, kept us on track and from being overwhelmed, so thank you all that came that day. We are very grateful and proud to have you with us. As we go forward into March, we go with excitement. For anyone traveling with thEir Royal Majesties to Gulf Wars, guard them and yourselves and come back to us safely with great war stories. For any wishing to travel with us, we are daytripping one event to Hidden Mountain at the end of the month and would welcome your company as we go to celebrate their baronial birthday. If anyone wishes to provide largess, please get that to me before March 25th. Thank you.

For everything or Raven's are and have done this month, thank you. Vivat Atlantia!
Vivat Raven's Cove.

In Service,

Baron Ragnulfr "Boarsmoker" Ornofson and Baroness Freydis Rodmarsdottir



From The Seneschal

This will be a short missive. Our Barony looks to continue to move forward as our members continue to do good work. Next week I will be joining other Atlantians at Gulf Wars. I will try to send back short messages about the happenings during the war. I would love to see a large contingent of Ravens camping at Gulf Wars some year.

In service,

Ivan Mezey known as Die Fledermaus

Seneschal



From The Mistress of Arts & Sciences

Greetings my fine feathered friends . I hope everyone had a most excellent time at Ymir. And congratulations to Master Lochlainn for becoming a Kingdom Notable as Royal Baker at this past weekends KASF. As we leave February from March there are a few things coming up.

March 15th 12-4p at Horns to Halos Arts and Armor day. The focus will be on basic Nalbinding for the arts.

March 28th-30th is Hidden Mountain Baronial Birthday. Which our fair Baroness will be making the journey to. Here are the A&S competitions to get ready for at that event.

A&S:

The following are the many categories for the Arts and Sciences. The theme for the event is Viking/Norse, so the categories were chosen based upon that theme. These have been approved by the Event Steward, Lady Arabella, and the Baron Hrothgar and Baroness Isabella

Art - Nalbinding, Leatherwork, Pyrography, Trichinopoly

Science - Glasswork, Mead making, Blade Smithing, Viking Food

Dish

Blank Scroll Competition - Norse inspired??

Bardic - Preferably, a Norse inspired entry

There will be prizes for the overall winner in the Arts categories and overall winner in the Science Categories, Blank scroll, and Bardic competitions.

As we are nearing the end of their most honorable Majesty's reign I thought I would share some documentation on a Viking recipe.

Adaptation of: Jorvik Wheat and Cheese Frumenty

By Mistress Finnech inghean Labhrainn

Frumenty is a dish described in many medieval cookbooks as a side dish of cereal cooked in broth. As this is a Jorvik dish it also contains elements of the inhabitants' Scandinavian roots by adding cheese and spices making it a savory porridge like dish.

We do not have written recipes of the Scandinavian timeframe but we can conclude from archaeological finds, hints hidden in the Sagas and Clues from later medieval culinary literature the techniques used to cook and the foods that would've been prepared.

Jorvik was unique that it was a Dane outpost in Anglo-Saxon lands. Jorvik which was once where modern day York is, only lasted about 75 years. But along with the more lasting colonies of Dublin, Orkney, the Hebrides and the Isle of Mann formed a strong Scandinavian presence and influence up until the 11th century.

Before the Scandinavians settled in York, it was already a trading place of some significance. Because it was founded on the Ouse and Foss rivers it allowed trade routes both inland and overseas. Archaeological evidence however shows that trade in the timeframe that the Danes had control, went as far as the Baltic's.

Some of the major differences between Jorvik and its inhabitants' homeland is the cereals used. Wheat seems to be the dominant crop with barley being used almost exclusively for the brewers. Also indicated with the dominance of cattle and sheep bones from that time is that cheeses would've played an even greater role in the diet of the everyman. Even today Yorkshire is still an important cheese producer.

The original recipe is simple but delicious.

Wheat cooked in Stock

Add in finely chopped hard cheese

Coriander to taste

Cheese was so highly prized in England that it was paid in tithe to the King. The amount paid was based on the amount of land that was owned. Unlike today's cheeses a good amount of cheese produced was made of Goat milk until later in English history. Mainly because the wool trade was thriving and this was a good side endeavor of a resource already in use. However cows milk was preferred for what was called "new milk cheese". It was a process of

making cheese in a uncooked method by adding rennet and water. And was a preferred method by dairymaids and yeoman that had been in use for centuries. “Skim Milk Cheese” was another method of using cows milk to make cheese and butter at the same time. Cheddar cheese is a English cheese but came about later in history to a time when the technology for pressing cheese had advanced.

My adaptation includes the incorporation of more cheese to the base of wheat to make this period dish more like a cousin of Mac and Cheese.

Wheat (I used Bulgar which are milled wheat berries)

Cooked in vegetable stock

Cheeses: Manchego (hard cheese)

Goat cheese

Double Cream (skim cheese)

White Cheddar

Coriander(to taste)

References:

Cheese and Culture by Paul S. Kindstedt copyright 2012

An Early Meal by Daniel Serra and Hanna Tuberg Copyright 2013



From The Golden Raven Herald

Ravens:

I hope this finds you well and in good health.

We are fresh off Ymir and KASF and both events saw our Ravens doing some amazing things. Mistress Fennech awarded a court Baronacy and Master Lochlainn was found worthy to be our Kingdom Baker.

Vivats to both of you and anyone I may have missed or was unaware!!

Ymir was a wonderful event for heraldic displays at all of the vigils for the Peerapalooza! Painted banners, heraldic surcoats, metal cast devices on the end of belts, cloaks, hoods, scrolls, and the list goes on and on. It was a great event to go and get inspired for heraldry.

If you were able to attend, did you get inspired? Looking to get your name or heraldry moving forward and registered? I would ask:

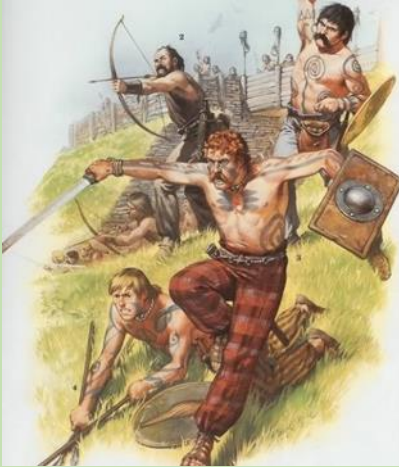
What colors suit you? What charges speak to you? What represents you, and who you want to be? Get your ideas together and submit them through your herald. Create your persona. Lock in who you are. Make a good showing of it in your banners, favors, and clothes.

Please make sure that you contact Myself or Baron Lochlainn and get your Name, Badge, or Heraldry submitted today.

YiS

Lord Tiberius of York

Golden Raven, Ravens Cove



From The Knight's Marshal

Greetings Ravens from your Knight Marshal. Ymir was a lot of fun and it was great to see some of our fighters on the field. For March, for those not going to Gulf Wars, fighter practice will be Saturday, March 15th at Horns to Halos from 2:00 pm to 4:00 pm following the Arts and Science class. All Ravens and friends are welcome. If you are a marshal and plan to attend, please let me know. If you want to hold a fighter practice of any discipline, please let me know and we can make that happen.

In Service,

Baroness Freydis

Hail Ravens and all rapier fighters! The Barony of Raven's Cove will be hosting Queen's Rapier on April 19th at the Halifax County 4-H Rural Life Center, for the honor and prestige of fighting to become Her Majesty's rapier champion. It will be a wonderful day to celebrate the Atlantean rapier community and our connection with her most gracious Majesty. There will be some pomp and circumstance with plenty of boasting, so please, if you would like to fight, check out the website for more information on boasting, fighting scenarios and more. The website is <https://queensrapierrc.wordpress.com/>. There will be camping available and a delicious dayboard planned by Lord Jafar al-Aziz will be included with the site admission. If you have any questions or would like to assist, please contact me at freydis.rodmarsdottir@gmail.com.

In Service,

Baroness Freydis



Minutes from the February meeting

Ravens' Record

(being the minutes of the Baronial business meeting of the Barony of Raven's Cove, SCA Inc.)

Call to order

A meeting of The Barony of Raven's Cove, SCA Inc., was held via Zoom on February 20, 2025 and called to order at 7:08 p.m.

Attendees included:

Seneschal: Lord Ivan Mezey (Ian Bell)

Deputy Seneschal: Baroness Olwen de Montgomery (Morag Black)

Exchequer: Master Lochlainn hua Rigabarddin (Jim Rardin)

Minister of Arts & Sciences: not present

Chatelaine: not present

Herald: not present

Knight's Marshal: Baroness Freydis Rodmarsdottir (Felicia Padgett)

Social Media Deputy: Lady Rota (Kaelinn Padgett)

Chronicler: M'lady Katie (Katie Barger)

Baron: Lord Ragnulfr (Paul Padgett)

Baroness: Lady Freydis Rodmarsdottir (Felicia Padgett)

Fionn of Raven's Cove (Finn Black)

Mistress Edan Lowery (Heather Rardin)

Duane Messner

Approval of minutes

The minutes of the January 2025 baronial business meeting were published for comment in the February 2025 edition of the Raven's Cry. Having received no comments or corrections, let the record reflect that the prior minutes stand as approved.

Reports

Seneschal: Report given by Ian Bell (Ivan Mezey). Everything has been rather quiet right now, and quiet is good. He will be at Gulf Wars, which will be a hybrid. Deputy Seneschal will run the meeting.

Exchequer: Report given by Jim Rardin (Master Lochlainn). Even made \$523.04 assuming there's no requests for refunds, other than the \$40 double charge by SCORES. We took in \$1,550 at gate and \$890 via SCORES, \$21.14 SCORES fee, \$4,727.73 in bank account, still 4 outstanding checks, the SCORES double charge, the NMS check from the event, the portajohn check and the reimbursement check for the checks. We need to have a vote tonight on the Zoom/Wordpress accounts in new business. Zoom is \$159.90 annually, WordPress. New bank account request form is done, and we are in the process of getting the new signatures on the account. Once that is done, we will have a total of 4 local signatories and the kingdom exchequer.

Chronicler: Report given by Jim Rardin (Master Loch). Thanks for the missives. He would like to have all submissions between the 25 th and 30 th of the month previous. M'lady Katie has taken all the classes for Chronicler and will be sending the appropriate emails to the seneschal and Baronage to get warranted.

Minister of Arts & Sciences: No report given.

Chatelaine: Report given by Katie Barger (m'lady Katie). A & S (silk painting) was last weekend, 3 newcomers showed up and it was a good day.

Herald: No report given.

Marshal: Report given by Felicia Padgett (Baroness Freydis). Nothing is set up for marshal yet, she needs to get with a couple of people to see what weekend works for an arts and armor day. Hopefully the next date will be in the next Cry.

Webminister: Report given by Jim Rardin (Master Loch). The February Cry went out via the email list and we have updated the bios and baronage whims. Still need photos of Baroness Nezkha and m'lady Schiphrah.

Social Media Officer: Report given by Kaelinn Padgett (Lady Rota). Nothing to report.

Baronage: Report given by Felicia Padgett (Baroness Freydis). They are excited for Ymir, His Excellency will not be fighting due to an injury. There is a sign up sheet for the dayboard (chili dayboard), chili is already made, but please sign up for toppings etc. Please sign up to bring something.

Unfinished business

Queen's Rapier Tourney (Baroness Freydis): First staff meeting is next week, she was thrilled to see the interest in the event from the barony. The website is in progress and will be shared with the group prior to making it public.

Chronicler's office position: M'lady Katie has taken all the classes for Chronicler and will be sending the appropriate emails to the seneschal and Baronage to get warranted.

Motions

A motion was made by Felicia Padgett (Baroness Freydis) and seconded by Morag Black (Baroness Olwen) to purchase a new Commander box for the dayshade. Passed.

A motion was made by Heather Rardin (Mistress Edan) and seconded by Duane Messner to allow the exchequer to pay for the Zoom and Wordpress accounts by ACH transaction. Passed.

A motion was made by Heather Rardin (Mistress Edan) and seconded by Felicia Padgett (Baroness Freydis) to adjourn the meeting. Passed.

New Business

Ymir (dayshade & dayboard) (Baroness Freydis): There is a sign up sheet for the dayboard (chili dayboard), chili is already made, but please sign up for toppings etc. Please sign up to bring something. Please dress warmly as it will be cold.

KASF (Baroness Freydis): KASF is next weekend, Her Excellency will be attending. If you are coming and/or displaying/competing, please let her know as she wishes to support us. Master Loch will be competing/displaying in Baronial Champions, Atlantia's test kitchen, and the Kingdom Baker competition.

Storage Unit (Mistress Edan): It appears to be time to upgrade the space for ease of movement and storage. Currently we're in a not climate controlled 10x10 at \$75/month (annually). A 10x15 is \$105/month for non-climate controlled and \$155/month for climate controlled, a 10X20 is \$120/month for non-climate controlled and \$185/month for climate controlled. This is tabled for next meeting for a motion and vote. All the pertinent information will be in the Cry and posted on all the social media.

New Commander box (Baroness Freydis): She recommends getting a new box for the dayshade. It's about \$15 to replace.

New baronial dayshade (Duane Messner): It was recommended to replace the baronial dayshade. Master Loch will get numbers and such for the next meeting.

Next Meeting: March 20, 2025 at 6 p.m. as hybrid at the library.

Adjournment

There being no further business to come before the populace, the meeting was adjourned at 7:45 p.m.

Special Announcements

We are looking to fill the position of Baronial Chronicler. If you are interested, send a letter of your intent to the Seneschal and the Baron and Baroness.

Calendar of Events

February

						1 KASF
2	3	4	5	6	7	8
9 CURIA Virtual from Gulf Wars	10	11	12	13	14	15 St. Urho's Tournament Arts-n-Armor
16	17	18	19	20	21	22 Storvik Performers Revel
23	24	25	26	27	28	29 Hidden Mountain BB
30	31					